

Our Mission: Nourishing Bethesda's mission is to fight food insecurity in our area by providing NUTRITIOUS FOOD AND COMMUNITY SUPPORT TO OUR NEIGHBORS IN NEED. AS WELL AS OFFERING AND LINKING OUR CLIENTS TO WRAPAROUND RESOURCES THAT WILL ENABLE THEM TO BUILD HEALTHIER AND MORE STABLE LIVES.

## EACH MONTH WE PROVIDED

# HEALTHY FOOD To INDIVIDUALS

### FOOD PACKAGES



**89**% of Nourishing Bethesda **HOUSEHOLDS MAKE LESS** THAN \$40,000 ANNUALLY



"We deliver more than just food it's the care that comes along with it, too."

- John F. Ross

Director, Nourishing Bethesda NPR's ALL THINGS CONSIDERED

**NOURISHING BETHESDA RECOVERS AND DISTRIBUTES** OVER 2,000 POUNDS OF FOOD EACH MONTH OTHERWISE DESTINED FOR THE LANDFILL.

### **POPULATION DELIVERY VS. ONSITE** SERVED Men's Homeless Shelter 6% Permanent Transitional Housing 10% 0-18 60+ 33% Low Income Senior Housing 17% 33% 23% 44% PRODUCE Bethesda Chevy Chase Rescue Squad

**FOOD TYPE DISTRIBUTED AVERAGE** WEEKLY POUNDS



SHELF STABLE

**PROTEIN** 

41% BETHESDA / CHEVY CHASE

28% SILVER SPRING / WHEATON

19% ROCKVILLE

4% MID / UP COUNTY

**PRINCE GEORGE'S COUNTY** 3%

**WASHINGTON D.C.** 

GEOGRAPHIC AREAS SERVED <2% UNKNOWN / OTHER





